

Spears to see kids more, pay more



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Weather hits the right note for Jazz Fest

SUCCESS Atlantic Jazz Festival 2008 was "a big winner" says spokeswoman Corinne MacLellan.

And the beautiful summer weather over the last two weeks had more than a little to do with its success, she said.

"We had more sell-outs this year than any other previous year of the festival," she said yesterday.

Last year's festival, she said, was shrouded in fog the first week, but this year the soaring temperatures brought people out in droves.

The Jazz Fest started Jul. 11 and wrapped up Saturday, and MacLellan said there was more awareness about the events this year than in the past.

Holly Cole coming home to perform was a big sell, she said, as was the closing of Spring Garden Road which she hopes will happen again next year.

The free concert series were also a big hit, in addition to face painting, and other family-friendly activities.

Official attendance numbers will be released sometime early this week.

ROBYN YOUNG/METRO HALIFAX

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John proves to be a hot ticket

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Divas defeat Dykes on the diamond

Workology page 11

Columnist tackles odd jobs



Dan Auerbach, guitarist and vocalist for the Akron, Ohio-based duo the Black Keys, performs at the Summersonic Festival on Citadel Hill yesterday.

Festival rocks Hill

Rain, ghosts can't stop inaugural Summersonic extravaganza

DEAN LISK
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more inside

Flip to the Entertainment section for more coverage of the Summersonic and Summer Rush festivals.

Montreal-based band Stars let Halifax in on a secret last night.

It turned down an opportunity to open for Paul McCartney's Plains of Abraham concert marking Quebec City's 400th birthday so it could play Citadel Hill.

The band's response to organizers: "We know the East Coast is older than you," singer Amy Millan told the more than 4,500 at Summersonic last night.

"If we were asked to open for John Lennon, you would have

been f—ked," fellow singer Torquil Campbell said before a downpour drenched the crowd on the second night of the inaugural two-day festival.

The outdoor concert ended a busy musical weekend in Halifax which included the finale of the Atlantic Jazz Festival and the Summer Rush concert.

Also featured on last night's

Summersonic bill were Halifax's i see rowboats, Newfoundland's Hey Rosetta!, and Ohio-based blues-rock duo The Black Keys.

"This is our first time here," said the Key's singer, Daniel Auerbach. "It's really nice, it's really lovely here. I might overdose this weekend, though — on scallops."

He and drummer Patrick Carney mesmerized a still-dry audience with their blistering playing and ferocious style.

"So, we hear there are ghosts that live up there," Auerbach said, looking toward the top of the fog-coated Citadel. "Is that true? That's crazy. We are scared of ghosts."

It was only when Nova Scotia-based Wintersleep began playing its set — including the hit Weighty Ghost — that the threatening sky began spitting on concertgoers.

"We are really happy to be here with all the lovely weather," said Paul Murphy, singer for the Juno-winning group.

The band played a tight set, featuring ravenous symphonic segments that enthralled the audience. It even tested some of its new material.

The audience responded by demanding "one more song, one more song," as the guys left the stage.

Cristobal cruises toward Nova Scotia

STORM Cristobal is heading for Nova Scotia and it's bringing along strong winds and rain.

The tropical storm moved along the Carolina coast yesterday with winds of 83 km/h. It's

expected to be a tropical depression by the time it gets here tomorrow.

Forecasters at the Canadian Hurricane Centre in Dartmouth said some Nova Scotians may be

fooled into thinking it's already here since a warm front today is expected to bring heavy rain.

Today's tropical moisture will actually feed into the frontal system tomorrow, warns the report

from the Hurricane Centre. And gale-force winds were added into the extended forecast for the Southwestern waters of the Maritimes.

JENNIFER TAPLIN/METRO HALIFAX

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Local



Shh! Or I'll call the cops

The most common complaint to police over the weekend was noise. Police said with the warm weather, people were keeping their windows open to stay cool at night while others were staying outdoors later, talking and playing music. Noise violations in HRM can result in a \$125 fine. **METRO HALIFAX**

The Pride returns for Divas at softball tilt

Electra Razor hits the only 'homorun'

JOHN TATTIE
for Metro Halifax



It's a queer baseball game when everyone is out before the first pitch, but that was the case yesterday when the Dykes faced the Divas in the fifth-annual Pride softball game.

More than 1,000 people packed the stands at the Central Common diamond to watch the drag queens snatch back their tiara from the lesbians after last year's shocking Dyke win.

"I'm not surprised," Diva Electra Razor said of the 9-4 victory. "But the Dykes did well," said Electra, who hit the game's only "homorun."

The Divas gained the edge through a combination of grit, skill and an ability to sprint in seven-inch stripper heels.

While the Dykes warmed up before the game, the Divas set up a second-base potluck. The drag queens took to the field wearing gowns, earrings, necklaces and bracelets but, surpris-

ingly, not always gloves. Fly balls were treated as falling meteors and the Divas kept a safe distance.

Most of the players were from Nova Scotia, but they did welcome Tran of Green Gables from P.E.I.

Things got hairy early on when Dyke hitter Conny Lingus got on base, where she was swarmed by a pack of Divas bent on a makeover.

Back in the dugout, she admitted getting to second base with a drag queen can be an alarming experience.

"It's a little scary when there's three or four of them holding you," she said.

After being a fan for the first four games, it was her first time playing. While Conny was confident of her team's abilities, she suggested victory wasn't always the wisest course.

"We'll probably end up letting the Divas win," she said. Despite between-inning costume changes, wig-raids and a wardrobe malfunction that saw a Diva outfielder's, er, infield, pop out, the drag queens' proved the better side.



Electra Razor slides home after hitting an in-the-park homerun yesterday.

Environment, energy ministers will meet in N.S.

FUEL Energy and environment ministers from across the country will meet in Nova Scotia sometime during the fall to work out more ways Canadians can deal with the rising cost of energy.

All premiers agreed to holding the conference when they met at the Council of the Federation meeting in Quebec City last week.

Nova Scotia Premier Rodney MacDonald said in a news release his concerns about energy costs were shared by all the premiers.

"We agree this is the most important issue facing Canadians right now," MacDonald said in the news release.

"There is very little governments can do to lower the price of fuel.

"But what we can do is help people use less fuel or electricity, thereby lowering their costs."

METRO HALIFAX

Africville Reunion Singing in celebration



The Cherry Brook United Baptist Church Mass Choir gets the crowd going at the Parade of Choirs yesterday afternoon. About 250 people watched and clapped along with several choirs under a tent in Seaview Park. The parade was part of the annual Africville Reunion, which continues with events through the week.

Two to look up to

Citizens rewarded for their good work

ROBYN YOUNG
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POLICE AWARDS A Halifax waitress is one of two citizens to be honoured today for assisting others in need.

Jennifer Clarke, a server at Gatsby's pub on Spring Garden Road, called police in June when a regular customer, in his 80s, hadn't shown up at the restaurant for a few days.

Theresa Rath, spokeswoman with the Halifax Regional Police, said when police searched his home, the man was on the floor with a broken hip and dehydrated.

He'd been there for four days.

"We think he probably wouldn't have made it without her call," Rath said.

Clarke will receive a certificate of merit from the Board of Police Commissioners at a ceremony at the David P. McKinnon Building on Gottingen

"He probably wouldn't have made it without her call."

Theresa Rath, police spokesperson

Street today at 12:30 p.m.

Also receiving the award is Peter Connor, who administered first aid on a woman who was a passenger in a car that flipped several times on Highway 111 in early June after another vehicle cut off the driver.

Constables Dan Berrigan and Jim Greek will receive Chief's Commendations for entering a burning Dartmouth home to search for people caught in the blaze.

"They actually were doing routine patrols in Dartmouth and they saw flames shooting out of the back of the residence," Rath said.

No one was inside the home and the officers were not injured.

Mi'kmaq athletes off to indigenous games

Forty-two Mi'kmaq athletes from across Nova Scotia were given an official sendoff Saturday for the North American Indigenous Games in Cowichan, B.C., from Aug. 3 to 10. **METRO HALIFAX**

Tickets are John gone

Elton fans prepared to pay to attend sold-out September shows

JENNIFER TAPLIN

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Elton John fans are frantic for tickets.

Two concerts in September sold out in an hour on Friday morning. About 1.2 million people tried to snatch up 23,000 tickets, leaving hundreds of unlucky fans to post ads on the classified website Kijiji. Some are willing to pay whatever it takes.

"The cheapest I've seen so far is \$300 for a ticket and that's behind the stage," said Ryan Doucette of Halifax, who as of yesterday is still ticket-less.

Tickets originally cost between \$95.50 and \$149.50 plus service charges.

Doucette, and others online, are wondering if scalping is legal. But it's a free-for-all since there are no scalping laws in Nova Scotia.

"I'd say about half the tickets bought are being scalped right now," he said.

"I think if you're buying tickets, they should ask your name and to be printed on that ticket and when I go to that show, I show my ID."

Fred MacGillivray, presi-

"The cheapest I've seen so far is \$300 for a ticket."

Ryan Doucette

dent of the Metro Centre where John will play Sept. 26 and 27, said putting a name on the ticket is an idea, but some people would be concerned about privacy.

"We can't discriminate on who buys a ticket," he said.

But they could sell more seats if they had a bigger centre. MacGillivray said there are ongoing discussions with council on expansion.

Ernestine Oakley, 53, grew up listening to Elton John. She was up early on Friday morning and hopeful, but she didn't snag a ticket online.

"Now there's this whole game on Kijiji. Honest to god — you have to spend your whole morning on the computer waiting for answers from people," she said.

Some tickets are selling for \$1,000 on Kijiji, said Jennifer Hilchie, who wanted to get tickets for her mom and dad, who is legally blind.

"He never gets to do this kind of thing, so I really want him to go," she said.



Elton John, seen here during a concert in Las Vegas last month, will perform at the Halifax Metro Centre on Sept. 26 and 27.

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Still standing on guard: Lifeguards extend streak

Drowning Prevention Week puts safety first

JON TATTIE
for Metro Halifax

WATER SAFETY It's Drowning Prevention Week in Nova Scotia, and lifeguards are hoping to keep their 34-year fatality-free streak alive.

Half-a-million sun seekers will hit supervised Nova Scotian beaches this summer. Each year, an average of 400 Canadians drown.

Last year, 23 Nova Scotians died in unsupervised swimming accidents.

"During the height of summer, many Nova Scotians seek refuge from the heat at the beach or lake," said Premier Rodney Mac-

Donald in a news release.

"By raising awareness about water safety this week, I hope we can prevent tragic drowning accidents in our province."

"Having another safe season is our primary goal. I am confident the team of guards we have this year will be able to complete the task," said Paul D'Eon, director of the Nova Scotia Lifeguard Service. "Hopefully, we can also have a bit of fun."

Drowning is the third leading cause of unintentional death for Canadians under the age of 60.

More than 60 lifeguards will work at Nova Scotian beaches this summer.

Province issues more fall deer licences

HUNTING More than 6,100 additional licences for hunting antlerless deer went on the market Saturday, bringing the total to almost 12,000 for the fall in Nova Scotia.

The extra licences are an effort to manage the deer population in the province

which increased significantly over the last three winters, said Natural Resources Minister David Morse.

Hunters can apply until midnight Aug. 29 for a fee of \$6.90 by calling 1-900-565-DEER.

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Linda Naugle
Dartmouth
Lost 29 pounds in 12 weeks

The winners of this year's TD Canada Trust Atlantic Jazz Festival window competition are City Centre Atlantic (first place), Atlantic Photo Supply (second) and Attica (third). **METRO HALIFAX**

Nurses' union unhappy with criminal-background check plan

LINDSAY JONES

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NURSING The head of the Nova Scotia Nurses' Union says requiring nurses to pay for a criminal-background check is one more obstacle to keeping them in the province.

"They're coming out of university with huge amounts of debt and other provinces are offering relocation allowances, signing bonuses and higher wages," said union president Janet Hazelton.

The College of Registered Nurses of Nova Scotia

recently announced that starting in August, people seeking registration and a licence to practise nursing are required to provide a criminal-record check which costs \$30.

Hazelton said asking new nurses if they have any criminal convictions

30 The number of dollars it will cost for a criminal-record check before you can be a registered nurse.

should be enough.

College executive director Linda Hamilton said the measure is to protect the public.

An honour system is already in place for registered nurses to report any criminal offences when they renew their registration each year.

Hamilton added that the college chose a company that does checks for the lowest possible cost.



WZMH ARCHITECTS/STATION METRO HALIFAX

A rendering of the development on Salter Street.

Salter St. project may start in '09

Talks in final stages

LINDSAY JONES

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It's been more than four years since a 12-storey development with a skating rink and boardwalk was announced for the Halifax waterfront. But the land at the foot of Salter Street still remains a sprawling parking lot.

The Waterfront Development Corp., which owns the land, says it is in the final stages of negotiations with the private developer, Centennial Group.

"We're anticipating that will be completed in the near term, and that construction will start sometime in 2009," said the corporation's planning and development director Eric Burchill.

He said the development deal is complex because of its size, the number of public spaces and amenities, and the fact the corporation will lease the land.

Designed by the Toronto-based WZMH Architects, the Salter Block development includes two wave-like buildings — one is a 12-storey residential building that becomes five storeys at the water, and the other is a five-storey boutique hotel. It also includes a one-acre public park with a seasonal outdoor skating rink, indoor winter garden, about 65,000 square feet of shopping space and underground parking.

This fall, the corporation will begin building a wharf and boardwalk around the site for the public to use while the development is under construction.

"That's particularly important because we have a large tall ships event next year, and the intent is to do that construction so that it's ready and won't disrupt pedestrian flow along the harbour walk in the high season," Burchill said.

Regional council approved the project last June and is awaiting a permit application from the developer.

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Fallen soldier returning home

Cpl. James Hayward Arnal was killed by a roadside bomb during a foot patrol in Panjwahi district near Kandahar city on Friday. Hundreds of his fellow Canadian soldiers turned out to bid farewell as his flag draped coffin was loaded on to a flight bringing his body back to Canada.

METRO NEWS SERVICES

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Canada

"It's delayed by the politics of the thing."

Ken Elder, a retired federal government heritage architect, speaking about the ongoing Parliament Hill renovations.



Renovations

A recently released Public Works budget pegs the cost of renovating the Parliament Hill buildings at a minimum of \$1 billion. The project is slated to take nearly a decade.

Footless body adds new twist

Cops solve part of B.C. mystery

RCMP have solved part of the mystery of the severed feet after matching one pair with a missing Vancouver man, but a new twist emerged this week-end with the disclosure that a footless body was found 16 months ago in Washington state.

Five feet, all in running shoes, have washed up on B.C. shorelines since last August. Sgt. Pierre Lemaitre said yesterday DNA samples confirm two of those feet belonged to a man from the Greater Vancouver area.

His family, who asked for privacy over the week-

end so they could inform other relatives, had submitted the samples to the B.C. Coroner's Service. The man was apparently depressed, family members told RCMP.

"At this point, the major crime investigators feel that this is not as a result of foul play," Lemaitre said.

The other feet belong to two men and one woman, according to DNA samples, police say.

RCMP and the coroner's office are now awaiting FBI data on a body found with no feet just south of B.C. in the San Juan Islands of Washington state.

TORSTAR NEWS SERVICE

Quebec City Paul McCartney concert



British singer Paul McCartney, right, performs during a concert on the Plains of Abraham in Quebec City, yesterday. The much-anticipated show, McCartney's only scheduled performance in North America this year, is part of Quebec City's 400th birthday bash. Several Quebec sovereigntists had been questioning McCartney's participation because of his British roots.

Family mourns loss of B.C. model

SHANGHAI Friends and family of Diana O'Brien, a homesick, aspiring model who yearned to return to her Vancouver area home, gathered yesterday to remember the young woman and try to come to terms with her violent death in Shanghai.

Shanghai police arrested an 18-year-old in what they are calling a botched robbery attempt.

News in brief

SHOOTING The bodies of three men who had been shot were discovered early Sunday inside a vehicle in a residential area of west-end Toronto, police said. Police said the men died of gunshot wounds and all three were "suffering from trauma" and were pronounced dead at the scene.

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Dwarf planet gets a Polynesian makeover
A dwarf planet orbiting beyond Neptune has been designated the third plutoid in the solar system and given the name Makemake, the International Astronomical Union said on Saturday. It is named after a Polynesian creator of humanity and god of fertility. **REUTERS**

World/Business

Obama eyes troop swap

Call for shift of some U.S. forces from Iraq to Afghanistan

U.S. presidential hopeful Barack Obama called the situation in Afghanistan "precarious and urgent" yesterday and said Washington should start planning to transfer more troops there from Iraq.

The Illinois Democrat spoke from Afghanistan on the CBS program Face the Nation after meeting privately with Afghan President Hamid Karzai on an overseas trip meant to bolster his foreign policy credentials.

"We have to understand that the situation is precarious and urgent here in Afghanistan and I believe

deadly airstrike

A foreign airstrike killed nine Afghan policemen in western Afghanistan overnight after a clash in which both sides mistook the other for Taliban militants, Afghan officials said yesterday.

this has to be the central focus, the central front, in our battle against terrorism," Obama said.

Obama was spending last night in Kuwait where he met the Gulf Arab state's emir, Sheikh Sabah al-Ahmad al-Sabah. He was due to fly on to Iraq for meetings today.

He is also due to visit Jordan, Israel, Germany, France and Britain on a foreign tour he hopes will

help answer Republican criticism that he lacks the experience to be commander in chief.

Obama wants to send two more brigades, or some 7,000 U.S. troops, to Afghanistan and shift the emphasis from what he calls the Bush administration's "single-minded" focus on Iraq.

"There's starting to be a growing consensus that it's time for us to withdraw

some of our combat troops out of Iraq, deploy them here in Afghanistan ... Now is the time for us to do it."

If the United States waited for a new administration to take office, it could take a year to boost troop levels, he said.

Adm. Michael Mullen, President George W. Bush's top military advisor as chairman of the Joint Chiefs of Staff, said the situation in Afghanistan was mixed, but not dire.

"I would not say in any way, shape or form that we're losing in Afghanistan," Mullen said on Fox News Sunday.

REUTERS

Separatists set off five bombs in Spain

ATTACK Five small bombs exploded in northern Spain yesterday, including four at popular seaside resorts in Cantabria which were claimed by the Basque separatist group ETA and sent thousands of people fleeing for cover.

One woman was hurt by a flying stone and another treated for shock after the resort blasts which hit at mid-day. They followed an early morning explosion outside a Barclays bank branch in a town near Bilbao.

The attacks marked the

beginning of ETA's traditional summer bombing campaign, which targets holiday resorts as part of the group's four-decade struggle for an independent Basque state. The attacks are meant to hurt tourism, one of Spain's biggest foreign income earners.

Spain's Socialist government says ETA has been severely weakened by a string of arrests, but the guerrilla group has staged more than a dozen attacks and killed two people since the beginning of the year.

REUTERS

Waves Storm hits China's coast

CHINA DAILY/REUTERS



People run from big waves caused by tropical storm Kalmaegi hitting a levee in Jiangsu province, China yesterday.

Business

Mattel prevails in Bratz copyright trial

TOY WARS Mattel Inc won a nearly complete victory in its U.S. federal copyright infringement case against rival MGA Entertainment over which toymaker owns the original drawings for the \$1 billion-plus US Bratz fashion doll franchise.

The decision could have far-reaching implications if Mattel wins an injunction to stop MGA from selling Bratz, the main rival to its Barbie dolls.

The California jury last week found that the creator of the Bratz dolls, Carter Bryant, created their characters and the name while he was under contract as a Barbie designer at Mattel. Other than four drawings that Bryant testified he made in a notebook while on an eight-month hiatus from Mattel in 1998, MGA lost the rights to all



MGA's Bratz dolls and a Mattel Barbie Doll, bottom centre, on display in a London store.

drawings of the Bratz line.

The verdict could be the start of a reversal of fortune for MGA, which grew Bratz from drawings to a multibillion-dollar franchise in seven years as Mattel watched market share for its venerable Barbie line melt away. **REUTERS**

Corn belt prices jump 20%

ECONOMY Farm prices in the corn belt of America jumped 20-plus per cent last year. Economists say the gains seem to be based on anticipated profits from future harvests, not

speculation. If prices turn lower, the sector could suffer. Farm values collapsed 40 per cent between 1982-87, due to higher production costs and lower earnings. **REUTERS**

News in brief

JOBS Mobile phone maker Sony Ericsson, hit hard by a fall in demand for its more expensive phones, posted a \$3.17 million loss for the second quarter and said it would shed about 2,000 jobs. **REUTERS**

LOANS As the pain of the credit crisis spreads from housing and finance to the economy, small companies warn it is increasingly difficult to obtain loans, which could push the U.S. into recession. **REUTERS**

News in brief

POLAND A memorial service was held for Robert Dziekanski in his hometown this weekend, almost one year after he died at Vancouver International Airport after being Tasered at least twice by RCMP officers.

COLOMBIA Hundreds of thousands of shouting, weeping and flag-waving Colombians marched yesterday, calling for an end to the kidnappings that have plagued the country during its 44-year-old guerrilla war.

TOURISTS Three German tourists kidnapped by Kurdish separatists in Turkey earlier this month have been found abandoned by their captors on a hillside. **METRO NEWS SERVICES**

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7

Going Green



Light bulbs

If every Canadian household replaced just one 60-watt incandescent bulb with an Energy Star qualified 20-watt compact fluorescent bulb, the environmental benefit would be equivalent to taking 66,000 cars off the road, according to Greenology: How To Live Well, Be Green And Make A Difference by Tanya Ha.

B.C.'s diversity important for all of Canada

ScienceMatters

David Suzuki & Dr. Faisal Moola



One of my proudest moments came in 1992 at the inaugural Earth Summit in Rio de Janeiro, Brazil. Along with the UN Framework Convention on Climate Change (which in turn led to the Kyoto Protocol), a second key outcome of this international meeting was the signing of the Convention on Biological Diversity, a groundbreaking agreement founded on the principle that conserving biological diversity is "a common concern of all humankind." Canada was the first of 189 countries to sign the agreement.

B.C.'s Conservation Framework for protecting wildlife, released on July 9, made me realize, though, that all the agreements in the world won't add up to much if they aren't followed with action. For B.C., the stakes couldn't be higher. The government's new policy was accompanied by research on the health of the province's wildlife and wilderness, which paints a dire picture. Some 1,640 species (or 43 per cent of assessed wildlife) and four "biogeoclimatic zones" (about 5 per cent of B.C.'s land base) are threatened enough to be of conservation concern.

B.C. and Alberta are the only provinces that don't have endangered species laws. But these laws are essential to addressing such a serious problem.

British Columbia needs a clear law to recover wildlife at risk and to protect habitat to prevent species from becoming at risk in the first place. B.C. could look to Ontario, which enacted a new Endangered Species Act in 2007. Although the Ontario law isn't perfect, it includes strong wording for habitat

Biological richness

• B.C. is home to 76 per cent of Canada's bird species, 70 per cent of its freshwater fish, 60 per cent of its evergreen trees, and thousands of other plants and animals. That biological richness makes it a critical part of Canada's overall wealth. Only 16 northern spotted owls, above, are left in B.C.

protection and mandatory planning for the recovery of endangered and threatened species.

The loss of biodiversity affects not just the production of commodities like the food we eat, the timber we use to build our homes, and the medicines we use to heal ourselves, but many other so-called "ecosystem services" as well, like clean air and clean water. However, according to the United Nations, two-thirds of the ecosystem services provided by nature are threatened by human actions, such as unsustainable logging, pollution, and global warming.

It's been 16 years since my hopes were raised that humanity was on the right track to creating a world that recognized the importance of biodiversity to human survival. And yet, the crisis in biodiversity has worsened.

The B.C. government, along with all of Canada, still has the opportunity to lead the way. Its new policy for wildlife protection may be a start, but it doesn't match the kind of leadership the province has shown in combating global warming.

Take David Suzuki's Nature Challenge and learn more at www.david.suzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

News in brief

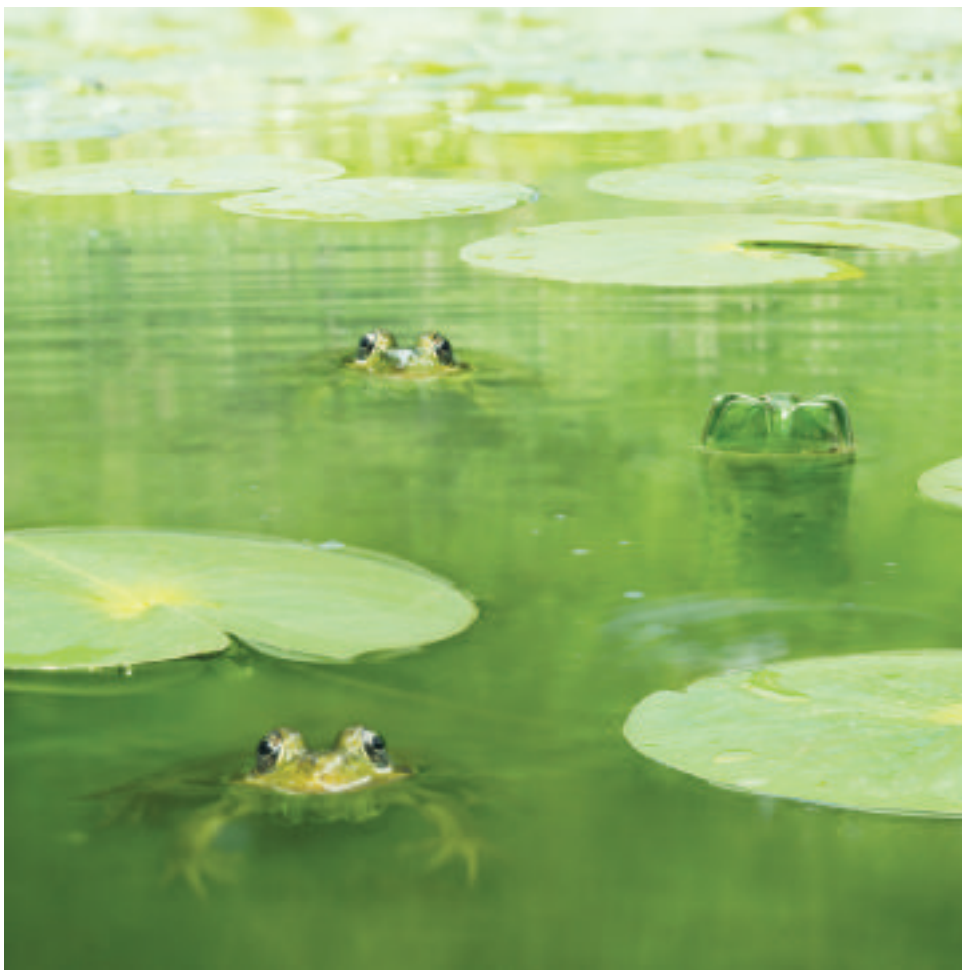
FACEBOOK Team GreeNet, two students from B.C.'s Simon Fraser University, have created a Facebook application interface called GreeNet to raise awareness of unsustainable energy

consumption. The GreeNet system provides users with an interface that acts as a virtual garden, where their participation in energy-conscious activities effects the growth of plants within

that space. In addition to personal energy consumption, the consumption ratings of online friends who also use the GreeNet application are provided for comparison.

SHORELINE CLEANUP Join the 15th annual TD Great Canadian Shoreline Cleanup this Sept. 20-28. For more information, see www.vanaqua.org/cleanup.

METRO NEWS SERVICES



They shouldn't have to live with our garbage.

Join the TD Great Canadian Shoreline Cleanup

Help thousands of Canadians from coast to coast as we clean the shores of our ponds, streams, rivers, lakes and oceans between September 20 and 28, 2008.

Register by August 31 at vanaqua.org/cleanup or call 1-877-427-2422 and you could win a Canadian Sailing Expeditions cruise.¹



1. Canadian Sailing Expedition travel package (approximate retail value of CDN \$10,000) will be awarded to a randomly selected winner. Odds of winning depend on the number of eligible entries received. Open to Canadian residents over age of majority. Skill-testing question required. No purchase necessary. Contest ends 11:59:59 p.m. Pacific Time on August 31, 2008. Full Rules are available at www.vanaqua.org/cleanup ©1986 Panda symbol WWF-World Wide Fund For Nature (also known as World Wildlife Fund) © "WWF" is a WWF Registered Trademark

Toronto's Mark Heese, a medallist in 1996, and Ahren Cadieux have failed to qualify for Beijing. The pair needed to place in the top 10 last week in France in the final qualification tournament, but placed 17th. **METRO NEWS SERVICES**

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

Germany rounds out hoops field

BASKETBALL Germany won the final qualifying spot for the men's tournament in Beijing with a 96-82 win over Puerto Rico yesterday.

Germany joins Croatia, which knocked out Canada on Friday, and Greece, who both qualified on Saturday, in the 12-team field.

Dallas Mavericks star Dirk Nowitzki led Germany with 32 points, while L.A. Clippers centre Chris Kaman added 10 points and 12 rebounds.

REUTERS

Sports in brief

GYMNASTICS Olympic all-round champion Paul Hamm confirmed his place in the U.S. gymnastics team for the Beijing Games on Saturday after proving he had recovered from a broken right hand, team officials said.

REUTERS

Tomorrow's lineup

INSTANT ATTRACTION It took Tracy Cameron less than a week in a scull to decide rowing was going to take her to the Olympics. Pick up tomorrow's Metro for more.

17 days remain until the official start of the 2008 Summer Olympic Games in Beijing.



PHOTO BY CANDICE WARD FOR METRO CANADA

Long hours of training and working a steady job just don't mix for top athletes, making the financial burden even greater.

'It's been a struggle'

Financing career as an athlete has been tough, swimmer Sioui says

NEIL MACKINNON
Metro Canada



kept him there, but it was parental pocketbooks that provided him buoyancy for 17 years.

Canadian Sport Centre's Casey Pearce said the "image of the 'poor starving athlete' is now pretty much a myth," and while Sioui's ribs aren't sticking together, he humbly begs to differ.

"It has definitely been a struggle," said Sioui, a three-event swimming representative for Canada in Beijing. "If my parents weren't there to give me money, to give me support of all kinds, it's hard to say, but I don't think I would have made it to this level."

His mother, Lori, Beijing-bound along with his father Stephen and sister Devon, said she "can't even begin to guess" how much dough freely flowed from family coffers and spilled into her son's career.

She doesn't want to know, either.

"We always found the money somewhere, we never regretted spending one dime because as a parent, when your child is into something like that, you just find ways to make it work," she said. "Now that he's accomplished his dream, it's all worth it."

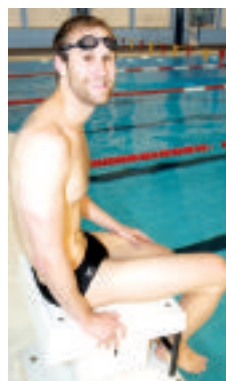
In February, the federal

government pledged \$20 million for Summer Olympic-calibre athletes over the next two years and \$24 million every year thereafter.

Only \$8 million will hit bank accounts in 2008. That's a far cry from the \$110 million committed in the Own The Podium program for Vancouver 2010, and too late for Canada's Beijing medal hopefuls such as Sioui, the NCAA's 2002 butterfly champ as a freshman on full scholarship at the University of Florida, who has seen the best and worst of times.

At the age of 18, with nine years' experience tucked into his Speedo, the 6-foot-6 swimmer missed the 2000 Olympics by three-tenths of a second. It was the first time he'd ever missed a target time, and the first time he'd failed to make a team.

A lack of confidence



Olympic swimmer Adam Sioui is no stranger to the financial struggles of being a high-performance athlete.

evaporated his second Olympic trial try in 2004, missing the mark by six-tenths of a second.

"I needed a fresh start, a fresh outlook, swimming just takes you over ... and if

you don't have a balance in your life, it can be detrimental to a fault," he says.

After moving to train at the University of Calgary two years ago, the Trenton, Ont., registered Huron Tribe member got his fresh start, his "last shot unless something miraculous happens."

He's in the best form of his career and his coach, Jan Bidman, who will be on deck in Beijing, said the 4x200-metre freestyle relay medal contender is one of the best swimmers the University of Calgary has "ever seen," putting him in the ranks of Curtis Myden, three-time Olympic bronze medallist.

A part-time job would have derailed his Olympic dreams "because swimming is pretty close to a full-time job at this level," he says.

"I definitely couldn't have done this alone."

by the numbers

\$21,000 The rough amount Adam Sioui receives in grants from agencies.

1:57.98 Sioui's Canadian-record smashing time in the 200-metre butterfly, which was set at the Beijing Olympic Trials.

9 The age at which Sioui, now 26, started swimming with the Dolphins club.

2 The amount of time in weeks that Sioui took off from swimming last year.

60 -km is his average weekly swim.

LOOK INSIDE THE SUMMER IN THE CITY SECTION OF METRO ON JULY 25 FOR YOUR CHANCE TO

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metro
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No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes July 25, 2008. Approximate retail value of prize is \$240. Odds of winning depend on number of entries received.

MLB

The San Francisco Giants traded second baseman Ray Durham to the Milwaukee Brewers yesterday for outfield prospect Darren Ford and left-handed pitcher Steve Hammond. **METRO NEWS SERVICES**

Sports

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONWS.CA

Harrington repeats as Open champion

Irishman ends veteran Norman's dream

Padraig Harrington, playing one of the best rounds of his life, defied strong gusting winds to complete a successful British Open title defence with a commanding four-shot victory yesterday.

After duelling for supremacy with overnight leader Greg Norman on the front nine, Irishman Harrington broke clear of the pack with birdies on 13 and 15 to tighten his grip on the coveted Claret Jug.

In glorious late afternoon sunshine at Royal Birkdale, the 36-year-old struck a majestic second shot to just three feet at the par-five 17th, setting up an eagle to put the championship beyond the reach of his rivals.

Harrington, whose title

defence was in doubt at the start of the event because of an injury to his right wrist, parred the last for a one-under 69, a three-over tally of 283 and his second major victory.

"I really felt good out there," a beaming Harrington told reporters after covering the back nine in a four-under 32. "I hit the ball probably every bit as solid as I've ever hit it."

"Very few people have won back-to-back majors. Coming into this week I was trying to play that down but winning a second one does set you apart. There are less people in that club."

"It was a fantastic experience coming down the 18th knowing I had won the Open," added the Dubliner,

who will rise to a career-high third in the world rankings today.

Britain's Ian Poulter, helped by three birdies in the last 10 holes, also signed off with a 69 to secure second place at seven over.

Australian Norman, bidding to become the oldest major champion at 53, had to settle for a tie for third at nine over after squandering a two-shot overnight lead and a one-stroke advantage with nine holes remaining.

The former world No. 1 bogeyed his first three holes en route to a 77. "Obviously I'm disappointed," said Norman. "That would be an understatement if I didn't say I was disappointed. But it was a tough day today."

REUTERS



Wozniak wins WTA event

Canadian qualifier Aleksandra Wozniak, left, captured her first WTA title by defeating sixth seed Marion Bartoli 7-5, 6-3 in the final of the Stanford Classic yesterday. Wozniak became the first Canadian woman to win a title since 1988. The native of Blainville, Que., is projected to break into the world's top 50 when the new rankings are released today. **Reuters**

Redskins acquire Taylor to fill hole

NFL The Washington Redskins filled the void left by Phillip Daniels' season-ending injury by trading for star defensive end Jason Taylor from the Miami Dolphins.

In exchange for Taylor, Miami will receive Washington's second-round selection in 2009 and sixth-round pick in 2010.

Taylor, 33, has spent his entire 12-year career with the Dolphins.

METRO NEWS SERVICES

Sports in brief

RACING McLaren's Lewis Hamilton won a thrilling German Grand Prix yesterday to forge four points clear of Ferrari's Felipe Massa at the top of the Formula One championship. Hamilton now has 58 points to Massa's 54. Ferrari's world champion Kimi Raikkonen, who started and finished sixth yesterday, has 51.

NHL The Calgary Flames signed forward Andre Roy yesterday. The 33-year-old spent last season with Tampa Bay and in 63 games he scored four goals and added three assists. Roy has 32 goals and 33 assists in 471 regular-season contests.

CYCLING South African industrial group Barloworld will end their cycling team sponsorship after the Tour de France following a positive dope test by one of their riders on the three-week race. **REUTERS**

Joseph's last-minute rally lifts Argonauts to victory

ARGONAUTS 35 ESKIMOS 31

Kerry Joseph scampered for the game-winning touchdown run to cap a 109-yard drive with less than a minute remaining, as the Toronto Argonauts came away with a thrilling 35-31 comeback win over the Edmonton Eskimos.

Joseph was brilliant with his arm and his legs,

throwing for 343 yards and a touchdown on 22-of-38 efficiency and rushing for 118 yards and the go-ahead score.

Rookie James Robinson, who made his CFL debut in last week's 47-28 loss to Edmonton, recorded 10 receptions for a whopping 194 yards and a TD. Dominique Dorsey added 62 yards on the ground to go with a touchdown run.

Edmonton's Ricky Ray finished with 295 yards and a touchdown on 20-of-33 passes. Fred Stamps was a recipient of five balls for 112 yards and a score, while

Kamau Peterson hauled in four catches for 103 yards.



Joseph

A.J. Harris compiled a team-high 52 rushing yards on nine carries, as the Eskimos fell to 2-2 on the year.

Trailing 31-28, the Argos took the ball at their own goal-line with less than two minutes left in the game. Using quick strikes in the passing game, Toronto worked its way down the field and were aided by a roughing

the passer penalty.

On the 11th play of the drive, Joseph called his own number and rushed through the right side of the offensive line, somersaulting over defenders and into the end zone for the 13-yard game-winning touchdown.

The 109-yard drive lasted just one-minute, 16 seconds.

METRO NEWS SERVICES

Blue Jays avoid sweep by Rays

BLUE JAYS 9 RAYS 4

MLB Alex Rios and Marco Scutaro each homered and drove in three runs to help the Toronto Blue Jays avoid a three-game sweep at the hands of the Tampa Bay Rays with a 9-4 victory.

The Blue Jays bullpen combined to allow a mere two hits and two walks over six shutout innings in relief of John Parrish, who surrendered four runs on four hits while walking two in his three-inning start. Shawn Camp got the win after tossing 1 2/3 scoreless frames.

Adam Lind drove in a pair of runs, while Scott Rolen went 2-for-3 with an RBI and a pair of walks for

Toronto, which had lost three of its previous four.

Evan Longoria and Carlos Pena recorded back-to-back solo home runs for Tampa. Edwin Jackson was belted for six runs on eight hits in 4 1/3 innings of work to take the loss.



Rios

"I gave them mistakes and they made me pay," Jackson said. "The mistake balls were just right down the middle. They're paid to hit mistakes and they did their job today."

METRO NEWS SERVICES

SCOREBOARD

MLB									
AMERICAN LEAGUE					NATIONAL LEAGUE				
EAST DIVISION					WEST DIVISION				
	W	L	PCT	GB		W	L	PCT	GB
Tampa Bay	57	40	.588	—	Houston	46	52	.469	12
Boston	57	43	.570	1 1/2	Pittsburgh	54	44	.556	14
N.Y. Yankees	53	45	.541	4 1/2	Arizona	48	50	.490	—
Toronto	48	50	.490	9 1/2	Los Angeles	48	50	.490	—
Baltimore	47	50	.485	10	Colorado	43	57	.430	6
CENTRAL DIVISION					WEST DIVISION				
	W	L	PCT	GB		W	L	PCT	GB
Chicago Sox	55	42	.567	—	San Francisco	40	58	.408	8 1/2
Minnesota	55	43	.561	1 1/2	San Diego	37	62	.374	11 1/2
Detroit	49	49	.500	6 1/2	AMERICAN LEAGUE RESULTS				
Kansas City	45	54	.455	11	Cleveland	6	Seattle 2		
Cleveland	43	54	.443	12	Detroit	5	Chicago White Sox 7		
WEST DIVISION					CFL				
	W	L	PCT	GB	EAST DIVISION				
L.A. Angels	60	38	.612	—	Montreal 2 2 0 4				
Oakland	51	47	.520	9	Toronto 2 2 0 4				
Texas	51	48	.515	9 1/2	Hamilton 1 3 0 2				
Seattle	38	60	.388	22	Winnipeg 0 0 0 0				
NATIONAL LEAGUE					WEST DIVISION				
EAST DIVISION						W	L	PCT	GB
	W	L	PCT	GB	Chicago Cubs	50	40	.560	—
N.Y. Mets	53	46	.535	—	Colorado	11	Pittsburgh 3		
Philadelphia	52	46	.531	1 1/2	Florida	3	Philadelphia 2 (11 inps)		
Atlanta	46	52	.469	6 1/2	L.A. Dodgers	6	Arizona 5		
Washington	38	61	.381	15	Milwaukee	7	San Francisco 4		
CENTRAL DIVISION					N.Y. Mets 5 (10 inps)				
	W	L	PCT	GB	St. Louis 9				
Minnesota	58	40	.592	—	San Diego 5				
Chicago Cubs	58	40	.592	—	Washington 15				
					Atlanta 6				
					Philadelphia 4				
					San Diego 4				
					L.A. Dodgers 4				
					Chicago Cubs 4				

DO YOU SUFFER FROM PSORIASIS WHICH AFFECTS YOUR FACE?

We are looking for adults with facial psoriasis (and previously diagnosed psoriasis on other parts of the skin) to participate in a clinical research trial for a period of 16 weeks, including 8 weeks of treatment (ointment) and 8 weeks of observation.

Requirements:

- 18 years or older
- Have facial psoriasis (at least 10cm²) (a little larger than the size of a toonie)
- Currently have, or previously had psoriasis elsewhere
- Be able to attend 9 visits.

The treatment (ointment) will be provided
If interested, please call at

902-423-0482

Andrew Dunlap of Truro and his Kawasaki ZX-10R finished in seventh place at the Parts Canada Superbike Championship in Bowmanville, Ont. Terry Steeves of Dartmouth, riding the same model bike, came in 15th. **METRO HALIFAX**

Sharpe, Hosein each earn honours

AWARDS David Sharpe and Alexandra Hosein are the winners of the Cleve's Source for Sports/New Balance Athlete of the Month Awards for June.

Sharpe won Male Individual Athlete of the Month for his success at the Ken Dunn Open Long Course Championships.

He was named the Male Swimmer of the Meet and the Halifax Trojan Aquatic Club swimmer of the Meet for his six first-place finishes in every event in which he competed.

Hosein was chosen as Female Individual Athlete of the Month for her strong showings in the international level in equestrian. She competed and placed second in the CDI Grand Prix Special at the CDI Blainville International Classic. She is only the second Maritime rider ever to compete at this level.

The Mestro Mustangs won Team of the Month for their victories at the Nova Scotia Varsity Football League Provincial Championships games.

The Mustangs Junior Varsity team defeated the Halifax Seahawks to win the inaugural NSVFL/T. Litzen Sports JV Cup. The Metro Mustangs Senior Varsity team beat the Halifax Hornets in the NSVFL/T. Litzen Sports Bowl.

METRO HALIFAX

Sports in brief

BASEBALL The Halifax Pelham Canadians became the second team to clinch a playoff birth in the Nova Scotia Senior Baseball League after sweeping the Sydney Sooners in a doubleheader Saturday. Halifax took the first game 12-9 powered by Ryan Veinot's two triples. Halifax then won the second game 11-8. Veinot had another strong game with two doubles and a single, while Adam Lucas hit a home run. Last week, the Dartmouth Moosehead Dry became the first team to clinch a playoff spot.

SOCCER The Halifax Dunbrack Bremner's improved to 12-0 in men's Nova Scotia Soccer League Premiership action on Saturday. First-place Halifax defeated the Fredericton Picaroons Reds 5-3. Mike Marsh scored his team-leading eighth goal of the season. On the women's side, first-place DU Super City Windows lost only their second game of the season to Scotia Elegant Flooring 3-1 on Saturday. Super City Windows' 7-2 record still leaves them five points up on second-place Halifax Dunbrack Lane Home Furnishing.

METRO HALIFAX

Outsider nabs Carquest win

North Carolina racer walks away with lion's share of richest-ever purse

PAUL McLEOD
paul.mcleod@metronews.ca

A NASCAR visitor edged out two local racers to take first place in the IWK 250 Saturday night at Riverside Speedway near Antigonish.

Regan Smith from North Carolina took home the \$10,000 first place prize in what was billed as the richest event ever held in the Maritimes with a purse more than \$103,000. Smith led the final 17 laps, becoming the fifth different driver to take the Halcraft Print checkered flag in six events on the 2008 season.

Shawn Turple of Enfield came in second and Mike MacKenzie of Dartmouth finished third.

More than 10,000 fans witnessed a gritty race with 10 stoppages in all. Turple's second-place finish came in spite of a collision early in the race and getting spun out later.

"The first wreck we were in someone hit us in the left rear wheel. It ripped the panhard bar right off the rear end. The pit crew guys just did a wicked job getting it back together," he said.

"It was pretty cool just to finish, let alone to win second."

Bob White of Kennetcook, N.S., and John Flemming of Halifax rounded out the top five.

With a \$50 bonus prize for every lap led, racers



From left: Third-place finisher Mike MacKenzie, winner Regan Smith, Steve Lewis of Steve Lewis Autobody, second-place finisher Shawn Turple and Brian Edwards of Dupont Automotive Finishes celebrate after Saturday's IWK 250 at Riverside Speedway.

"It was pretty cool just to finish, let alone to finish second."

Shawn Turple

were pushing hard for the front. Throughout the night there were 11 different leaders.

Technical problems haunted several racers throughout the night. John

Clark of Hallowell, Maine, led the most laps but was taken out of contention by a flat tire. Greg Proude of Charlottetown also led at one point only to have one of his tires go flat with two laps remaining.

"It seemed like a long race. There were quite a few cautions," said Turple. "Maybe it was just guys not giving each other as much room as they should have early in the race. Just hard racing, I guess."

IWK 250 results

Pos	Name	Laps	Hometown
1	Regan Smith	250	Mooresville, N.C.
2	Shawn Turple	250	Enfield, N.S.
3	Mike MacKenzie	250	Dartmouth, N.S.
4	Bob White	250	Kennetcook, N.S.
5	John Flemming	250	Halifax
6	Lonnie Sommerville	250	Saint John, N.B.
7	Aric Almirola	250	Tampa, Fla.
8	Wayne Smith	250	Timberlea, N.S.
9	Greg Proude	250	Charlottetown
10	Robbie MacLean	249	Charlottetown
11	Johnny Clark	249	Hallowell, Maine

Somebeachsomewhere has winning streak snapped

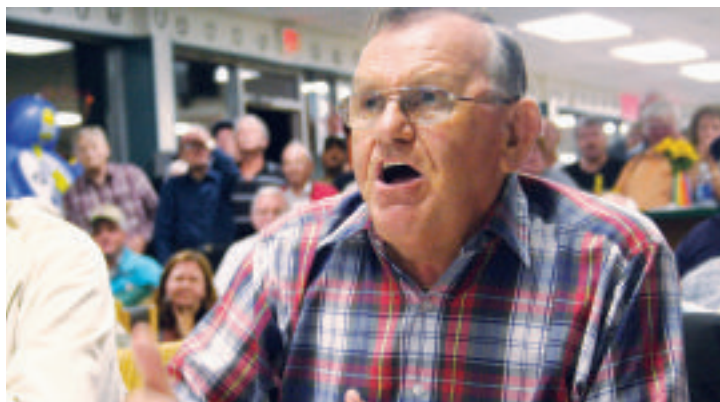
COLIN MacLEAN
Truro Daily News

Partially locally owned harness racing superstar Somebeachsomewhere has had his unbeaten record broken.

The three-year-old colt was favoured to win his 11th straight race Saturday night at the Meadowlands Pace in New Jersey, but lost in a photo finish to Art Official. Both horses clocked in at a record setting 1:47, however, Art Official pulled ahead by a nose at the finish line.

At Somebeachsomewhere's home track, the Truro Raceway in Bible Hill, almost 300 fans gathered at a "Beach Party" to watch simulcasts of Saturday night's race.

Somebeachsomewhere



Onslow resident and longtime harness racing fan Jim Frizell watches as local horse Somebeachsomewhere races in the Meadowlands Pace on Saturday night. The horse lost in a photo finish.

started the race in the second position out of nine horses, with Paul MacDonell driving.

Art Official took an early lead with Somebeachsome-

where trailing in third, however, the hometown hero took to the outside position and charged ahead near the halfway mark. By the time the race

reached its three-quarter mark Somebeachsomewhere had taken the lead with Art Official trailing.

The assembled crowd in Truro let out a collective

sigh after an early scare looked like its champion would remain undefeated.

But as the race neared the finish line Art Official seemed to get a second wind and slowly inched his way closer and closer to the leader.

The noise in the Truro arena was almost deafening as both horses barrelled to the finish line and crossed at the same time. There was stunned quietness and nervous whispers as everyone waited to see the results.

When the photo finish finally revealed that Art Official had won literally by a nose, there was a collective gasp from hundreds of people. But disappointed murmurs soon gave way to comments like "he's (Somebeachsomewhere) still the better horse" and "that was a hell of a race."

Rocky college collective

The presidents of Selkirk College, Okanagan College and the College of the Rockies recently formed a partnership to provide more integrated programs and services to students living in British Columbia's interior regions. **METRO NEWS SERVICES**

11

Workology

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

'The melding of science and art'

OddJobs

Diane Peters



In 1977, the paleontology department at Toronto's Royal Ontario Museum (ROM) wanted a technician who could mould and cast fossils. Fresh out of the fine arts program with a specialization in sculpture at the University of Guelph, Peter May thought he could do the job.

At the interview, however, he just wanted to get his hands dirty on the museum's new technology. "I didn't care about the job, I just wanted to know how they were making moulds." Soon, he had dust all over his good suit. "I don't know anything about dinosaurs," he told the interviewer. "Don't worry, it'll come," he was told. May was hired on the spot.

Now, nearly thirty years

later, 53-year-old May runs Trenton, Ontario's Research Casting International, one of the few companies in the world that moulds and casts dinosaur bones and other fossils, and mounts full museum installations. Over the last twenty years, he and his staff have worked on 250 museum exhibits around the world, including the Barosaurus "Gordo" at the ROM and the dinosaur exhibit at the Canadian Museum of Nature in Ottawa.

Back in 1986, while he was working as the ROM's head technician, May started getting calls from other museums. May would rent space to put together a dinosaur or fossil exhibit, and would shut down until the next job. "One day it never shut down," says May. Eventually, he left the ROM — business was booming as many museums didn't have the proper ventilation to do work that created fumes.

May recently moved his 20-employee company to a 48,000 square foot site in Trenton. There, staff start with a dinosaur bone still stuck in rock and end up

The Lowdown Dinosaur Caster

- **Salary:** Up to \$25 an hour
- **Education:** Anything from a degree in English to fine arts to blacksmith training will do — you learn mainly on the job
- **Best Part of the Job:** "Mounting the skeleton. As you're working on the skeleton, you're thinking about the animal, what it was doing."
- **The Worst Part of the Job:** "Hitting a deadline."

with a fully-mounted dinosaur casting, which is ready for the museum.

These days, May spends most of his time running the company. But every once in awhile he feels the need to get his hands dirty, so he goes down to the floor to help mould or mount a dinosaur when a deadline is pressing.

"It's exciting work. The melding of science and art."

Diane Peters is a professional journalist and instructor at Ryerson University's School of Journalism in Toronto.

WorkplaceLaw

Daniel Lublin



dan@canadaemploymentlawyer.com

Signs of dismissal will likely be clear

Employers are becoming increasingly adept at covering their bases when dismissing employees. But with no legal entitlement to continued employment, no one is indispensable. Canadian employees may have little certainty these days — and less job security.

Here are some signs that you are about to be fired that I have gleaned from my clients in the workplace trenches:

- Your performance is scrutinized. Although your employer need not build a case for incompetence to dismiss you, many try to do it anyway, whether the motivation is sinister, or simply a device to measure dissatisfaction.
- Having turned on you already, your employer's constructive feedback becomes scarce.
- If you handle client accounts, these clients will slowly be introduced to other representatives at the firm.
- If your employer assumes, even incorrectly, that you are about to defect to a competitor, expect a swift response. Your computer will be monitored, or your access to the company server restricted.
- You experience differential treatment on financial terms. Incentives, such as bonuses, are the most identifiable and among the most contentious issues.
- Memos will arrive with comments where you were previously given instructions or feedback orally.
- Your job becomes less defined. Assignments are more menial, shorter term and, ironically, easier to complete.
- You find your current job posted online, hopefully, while looking for another one.

Daniel A. Lublin is an employment lawyer focusing on the law of dismissal. dan@canadaemploymentlawyer.com.

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DALHOUSIE UNIVERSITY
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First Class Painters' first success

JON TATTRIE
for Metro Canada



Like many young men, Mike Benteau spent the summer after high school painting the town red. And white. And blue. Really, whatever colour the homeowner wanted.

Unemployed and armed with his grandfather's old ladder and a few half-used buckets of paint, he had an idea for how he could spend his pre-university summer. "I thought, 'I could paint houses,'" Benteau says, and so he went knocking on doors.

"I used to get up at seven in the morning and I'd work until sundown. And I'd do that seven days a week for the first couple of years," says the founder of Halifax's award-winning University First Class Painters.

Soon he had too much work and passed it on to his

success

Founded in Halifax in 1982, University First Class Painters now has 100 franchises across the country, each earning an average of \$100,000 annually.

friends, thus birthing the first franchises.

In the 26 years that followed, his company has expanded across the country.

Benteau has six franchises in Halifax this summer, painting about 700 houses. "I drove through the city one time and somebody asked me which houses I had painted. We drove through the south end and it was almost 80 per cent of the houses," he says.

The focus over the last five years has shifted to business training.

"For a lot of these kids, it's their first dealing with business. These are the up-and-coming entrepreneurs

that are going out there," Benteau says. His company recruits university students in the fall and offers potential franchise-owners a winter and spring course on running a business.

"For a really bright guy, school's really easy, he can add on that course pretty easy," Benteau says. "Some of these guys are extremely successful. We have franchises that make up to \$50,000 a summer."

The average earnings are around \$16,000 for a summer student and his staff have gone on to become partners in law firms, investment bankers and business managers.

The Halifax Chamber of Commerce awarded the company silver in the Business of the Year category this year.

"That was the first award we'd ever got in 26 years, and it was nice to be recognized."

Entertainment



Chong show

Edmonton-born comedian Tommy Chong — of Cheech and Chong fame — will perform at Yuk Yuk's in Halifax from Aug. 28-31. Tickets are \$40. Call 429-9857.

METRO NEWS SERVICES

Music takes over Halifax

PAUL MCLEOD
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Saturday was a good day to be a music fan in the HRM.

While Summer Sonic rocked out in Halifax, Summer Rush brought a record-breaking 8,000 people out to Alderney Landing for a day-long hip-hop festival.

The 15 acts featured everyone from C+C Music Factory of '90s Everybody Dance Now fame, to R&B heartthrob Jesse McCartney, who elicited ear-shattering screams from thousands of teenaged girls every time he moved.

There was even the Jab-bawockeez, winners of America's Best Dance Crew, who performed elaborately choreographed

dance routines while wearing masks. But the main event was Nelly. The sell-out crowd had been dancing all day but erupted when the singer of hits like Ride Wit Me and Hot In Herre took the stage.

Some fans in the front row showed up at 2 p.m., an hour before the doors opened and 10 hours before the show finally ended. But being on their feet for that long wasn't detracting from the show.

"No way, it's awesome," said Taylor Murphy, 15.

But weren't their bladders getting ready to burst? "Yeah, but it doesn't matter. We're holding it in," said Emily River, 14.

Judging from the intense energy level of the crowd, once Nelly walked off the stage there were a lot of people looking forward to the next Summer Rush.



Hip-hop star Nelly performs Saturday in Dartmouth at the Summer Rush concert in front of 8,000 fans.

Weather not enough to dull Summersonic

DEAN LISK
dean.lisk@metronews.ca

Summersonic concert goers were vocal on Saturday night, and Dallas Green noticed it.

"Demanding crowd in Halifax tonight," Green told the more than 3,000 who braved the humid conditions to take in the first day of the outdoor Garrison Grounds music festival.

The City And Color singer offered some advice to the crowd; you don't yell at the screen for a different movie to start at the theatre — so why do you shout out song titles at concerts? The singer, also the front man for Alexisonfire, was lured back on stage for an encore — even

though it meant swatting bugs away from his face. The audience hollered as Green sang Comin' Home, his hit song with reverences to Halifax and Nova Scotia.

Also performing at Saturday's inaugural event were Halifax's Rebekah Higgs and In-Flight Safety, and Toronto-based band Tokyo Police Club. "Is it raining a bit? A little bit?" vocalist Dave Monks asked the crowd as one of the sporadic sprinkles fell. The weather wasn't enough to dampen the spirits of concert goers when The Weakerthans took the stage — joined by occasional member Jim Bryson. After its infectious set, the indie-rock band was also invited back on stage for a lengthy encore.



St. John Ambulance

SAVING LIVES
at work, home and play

The school who brought you successful paramedic training now offers a Medical Office Administration Course!

MSOP, a registered private career college in Dartmouth, is currently accepting applications for the 2008-2009 Medical Office Administration Diploma Program.

You'll be ready to start your new career in only 10 months! We've packed everything you need into this comprehensive career course and our specialty courses give you the cutting edge over the competition.



www.msop.ca

Stop turning in circles and get on the path to success! Call Heather at **464-5288** for more information or email her at **hdeveaux@msop.ca**. Classes start in October and seats are filling up fast ... register today!

Mention this ad when you register and receive **\$100 off your tuition!**



The Barenaked Ladies have pulled out of a children's charity show organized by Walt Disney Co. after lead singer Steven Page, right, was charged with possessing cocaine, the band said in a statement posted on its website Friday. **REUTERS**

Box office

The Top 10 films at the North American box office for the weekend beginning July 18:

- The Dark Knight:** \$155.3 million US
- Mamma Mia!:** \$27.6 million
- Hancock:** \$14.0 million
- Journey To The Center Of The Earth:** \$11.9 million
- Hellboy II: The Golden Army:** \$10.0 million
- WALL-E:** \$9.8 million
- Space Chimps:** \$7.4 million
- Wanted:** \$5.1 million
- Get Smart:** \$4.1 million
- Kung Fu Panda:** \$1.8 million

REUTERS

IntelleVision

Rick McGinnis

Visit metronews.ca for today's column.

Batman smashes Spider-Man sales

BLOCKBUSTERS KAPOW! The new Batman movie The Dark Knight smashed the weekend record set by Spider-Man 3 last year, selling an estimated \$155.3 million worth of tickets during its first three days of release across the United States and Canada, distributor Warner Bros. Pictures said yesterday. The hotly anticipated film, co-starring late actor Heath Ledger as the anarchic Joker, surpassed the \$151.1-million haul for Spider-Man 3 during its first weekend in May 2007.

REUTERS

Brenda's back on 90210 spinoff

SERIES Brenda is back in her old zip code! "Shannen Doherty will be returning to 90210," Gabe Sachs, executive producer of the CW's new spin-off, said during the Television Critics Association press tour in Beverly Hills on Saturday. "Shannen is looking forward to returning to 90210," Doherty's rep told *people.com*.

Doherty, who played the twin sister to Jason Priestley's character Brandon Walsh for four seasons of the original Beverly Hills, 90210, will return as Brenda Walsh when the show premieres Sept. 2. Brenda will be a visiting drama teacher at West Beverly High School.

REUTERS

Unleash your small space

Fancy, ahem, cramming in a little extra where you, ahem, need it most? Stick with us kids — we've got it sorted. However crammed your house or tight your condo, here's how to max up and make it — at least feel — far more commodious.

Be flexible

Use "smart" double duty furniture such as sofas that unfold into beds, coffee tables that raise to become dining tables or upholstered ottomans with removable tops that would make the perfect seat, toy box or foot stool.

Make a wheel difference

Position wheeled storage cubes, side lamps atop, either side of your sofa for a slick modern aesthetic. Fancy a change? Remove lamps and push into the centre of your space to make the perfect coffee table. But there's more — lift the lids for immediate access to magazines, books and newspapers. Bingo!

Small-scale thinking

To maximize space, lose

InteriorDivine

Colin & Justin

that "big box" PC in favour of a small, slim laptop that can be stored away when not in use. Or swap elaborate outside squishy chesterfields for smaller compact sofas and chairs.

Behind closed doors

We recently created a glorious white galley kitchen in a TINY London condo and, because our client works from home, assigned one side of the room to food prep and the other to his stock market business. On first glance the long white room looks like kitchen heaven, however, open doors on one side and computer, files and photocopier suddenly appear. What's more, a section of worktop pulls out by 18-inches to create a handy desk where our

Double duty

to save more space

Storage ottoman: Seating, storage & table all in one.
Kitchen storage bench: Cook books and baking trays housed casually within kitchen table seating.
Sofa bed/Murphy bed: A guest suite in minutes and no extra room required.
Coffee table with stash-able stools: Additional seating when you need it most.
Extendable dining tables: Office/work space as required.
End tables with drawers or shelves: A stylish way to introduce extra surfaces and extra storage.
Armoire: Use as multimedia housing, TV disguise or clothes storage. Particularly good for bedroom offices — and don't forget to pin sleeves to the inside of doors to stash flat files, etc.
Stackable chairs: Enough said!
 chap can go about his business! Close the doors back over, push back the counter ... and serene culinary calm is restored.
Discover you're big down-



To maximize space, lose that "big box" PC in favour of a small, slim laptop that can be stored away when not in use.

stairs!

Don't ignore one of your biggest assets! Instead, dive below into the great Canadian basement to create awesome possibilities chez vous. Rather than languish in what's little more than a dank messy storage zone, consider the benefits of a

finished basement. We're thinking guest suite, home office, children's play room, spa bathroom ... The choice is — and the added flexibility will be — yours!

Colin & Justin's The Home Show airs Tuesdays, Saturdays and Sundays on HGTV. Please check TV listings for local show times.

	A	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/21/08	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	High School Musical: Picture	Wanna Bet? (N)	The Mole		
	7	7	7	ASN	Twice in a Lifetime	Wheel-Fortune	Jeopardy! (N)	Gossip Girl (HDTV)	Wanna Bet? (N)	Comedy Now			
	11	11	11	CBC	Coronation St.	Countdown to	How Do Maria	The Border (DVS)	CBC News: The National	The Hour			
	2	2	2	CBC-F	Providence (HDTV) (SC)	Des squelettes	La Petite vie	Chère Betty (SC)	Bons baisers de France (SC)	Le Téléjournal			
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	Big Bang Th	How I Met	Two/Half Men	Old Christine	CSI: Miami
	69	69	69	CTM	TV 18 heures	Sûr-salé	Qui perd gagne (SC)	Laura Cadieux	Histoires-filles	Monk (HDTV) (SC)	TV 22 heures		
	6	6	6	CJCH	Entertainment	ET Canada	Risk Takers	Bones (HDTV PA)	House (HDTV PA)	News (N)			
	9	9	9	CJHF	eTalk	Degrassi: Next	Canadian Idol	High School Musical: Picture	CSI: Miami (HDTV)	News (N)			
	10	10	10	ELTV	EastLink Mag.	Women's Soccer	Premiership - Halifax City vs. Scotia	Bones (HDTV PA)	House (HDTV PA)	EastLink Television			
	36	36	36	FOX	The Simpsons	The King of the Hill	Two/Half Men	American Gladiators (N)	(10:01) Nashville Star	Fox First			
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	The Hour	CBC News: The National	Give Up Flying	Conquistadors	
	29	29	29	NW	BBC World	Business	CBC News	Countdown to	Antiques Roadshow	History Detectives (N)	Chasing		
	4	4	4	PBS-B	NewsHour With Jim Lehrer	NewsHour With Jim Lehrer	Business Rpt.	BBC World	Antiques Roadshow	History Detectives (N)	Chasing		
	35	35	35	PBS-D	Les Simpson	L'été est Flash	Catherine (SC)	3 x rien (SC)	CSI: NY (SC)	Faut le voir	A comm	110 pour cent	
	68	68	68	TQS	Stars & Dogs	Business News	Market Call	Money Talks	Berman's Call	Taking Stock	Market Call		
	23	23	23	BNN	(5) The Situation Room	Lou Dobbs Tonight	Women's Brit. Open H-L	Top 10	Golf Central	Larry King Live	Cooper 360		
	18	18	18	CNN	Lessons	Lessons	MLB Baseball Toronto Blue Jays at Baltimore Orioles. (HDTV) (Live)	PGA Championship Highlights	(10:15) WWE Monday Night Raw	Auctions			
	54	54	54	GOLF	Drive This	Game On	RaceNight	This Week in NASCAR (N)	ATP Tennis U.S. Open Series - Rogers Cup - Day 1. From Toronto.	101 Cars-Drive	Car Crazy		
	52	52	52	RSE	Unique Whips	Pinks (HDTV)	Pass Time (N)	Zack & Cody	Natural-Sadie	Han, Montana	Life Derek	Ned's School	
	55	55	55	SCOR	Off the Record	SportsCentre	Billiards 2007 Mosconi Cup	Loonatics	6teen	Total Drama	Futurama	Lord of Rings	
family	43	43	43	FAM	Zoe 101	Life Derek	That's-Raven	Smart Guy	Franklin	Little Bear	Miss Spider	Big Comfy	
	44	44	44	TOON	6teen	Johnny Test	George-Jungle	Merrie Melody	The Wiggles	Franklin	Little Bear	Miss Spider	
	26	26	26	TRVE	Fifi-Flowerlots	Backyardigans	Wonder Pets	Night Grdn	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	
	27	27	27	TYT	Drake & Josh	iCarly	The Next Star	Intervention "Tim"	Intervention "Crisy"	Intervention "Tom" (N)	Psychic Kids		
	16	16	16	A&E	Cold Case Files (HDTV)	Intervention "Tim"	Intervention "Crisy"	Intervention "Tom" (N)	Intervention "Tom" (N)	Intervention "Tom" (N)	Psychic Kids		
	70	70	70	APTN	First Talk	News	La pique	Desti/Nations	Notre Peuple	The Diviners *** (1993, Drama)			
	50	50	50	BET	106 & Park: BET's Top 10 Live	Hel Date	Cirque du Soleil's Solstrom	Ahead of the Curve	The Great Anglo-Boer War	Decoding the Past	Traders		
	37	37	37	BRVO	Street Legal	Help TV	The West Wing	Ultimate Garth: Hits	Reba	Hope & Faith	Home Improve.		
	67	67	67	CLT	Dedicated	Laughs	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	
	25	25	25	CMT	Laughs	Rick Mercer	The Investigators	The District	The District	Legal Briefs	Investigations	Dirty Jobs	
cable variety	49	49	49	COM	Canada's Worst Driver	Daily Planet (N)	House Hunters	Property Virgin	Design U	Home to Stay	House Hunters		
	38	38	38	DISC	Homes on Homes	NCIS "Twilight"	America's Best Dance Crew	NoseDive	Tip of Tongue	Tip of Tongue	Listed	Californication	
	48	48	48	HIST	Disaster-Cent.	Masterminds	NCIS "Twilight"	America's Best Dance Crew	Tip of Tongue	Tip of Tongue	Listed	Californication	
	17	17	17	MM	Punk'd	Video on Trial	America's Best Dance Crew	NoseDive	Tip of Tongue	Tip of Tongue	Listed	Californication	
	19	19	19	MMM	MusicProfile	mmmtp10.com	NoseDive	Tip of Tongue	Tip of Tongue	Tip of Tongue	Listed	Californication	
	201	201	201	MT	(6:45) Ocean's Thirteen *** (2007, Comedy-Drama)	Departures "Thailand"	Family Guy	Family Guy	Friends	Friends	Cool Runnings (1993, Comedy-Drama)		
	48	48	48	OLN	Don't Forget Your Passport	Departures "Thailand"	Family Guy	Family Guy	Friends	Friends	Cool Runnings (1993, Comedy-Drama)		
	51	51	51	PEACH	Friends	Seinfeld	Family Guy	Family Guy	Friends	Friends	Cool Runnings (1993, Comedy-Drama)		
	206	206	206	PIX	Conversation	(7:45) Mississippi Burning *** (1988, Drama) Gene Hackman	ReGenesis (HDTV)	Cold Squad (Part 1 of 2)	Grands reportages (SC)	Le Téléjournal (SC)	RDI en direct		
	67	67	67	RDI	RDI en direct (SC)	Trailer Park	Billable Hours	End of Leash	Star Trek: Voyager	Star Trek: Voyager	Taken "Maintenance" (DVS)		
cable variety	39	39	39	SHOW	Skin Deep	Opening Soon	End of Leash	Tilt Debt-Part	Star Trek: Voyager	Star Trek: Voyager	Taken "Maintenance" (DVS)		
	40	40	40	SLICE	Skin Deep	Opening Soon	End of Leash	Tilt Debt-Part	Star Trek: Voyager	Star Trek: Voyager	Taken "Maintenance" (DVS)		
	47	47	47	SPACE	CSI: Crime Scene Invstgtn.	In Fashion	Star Treatment	Little People	Little People	Little People	Must Love		
	14	14	14	SPIKE	CSI: Crime Scene Invstgtn.	In Fashion	Star Treatment	Little People	Little People	Little People	Must Love		
	98	98	98	STAR	What Not to Wear	Que-champion	Journal de Fr2	Toute une histoire	Palais d'Europe	Palais d'Europe	Cartes	Passez au vert	
	21	21	21	TLC	Are You Smarter	Doc	Shopping Bags	House	Will & Grace	Friends	How Clean		
	34	34	34	TRP	Doc	Shopping Bags	House	Will & Grace	Friends	How Clean			
	20	20	20	TVS	Doc	Shopping Bags	House	Will & Grace	Friends	How Clean			
	28	28	28	W	Shopping Bags	House	Will & Grace	Friends	How Clean				
	22	22	22	W	Shopping Bags	House	Will & Grace	Friends	How Clean				
	251	251	251	WGN	My Wife-Kids	According-Jim	Two/Half Men	Family Guy	Gossip Girl (HDTV)	One Tree Hill (HDTV)	WGN News		

critics' corner

Footbinding: Search for the Three Inch Golden Lotus
 The binding of women's feet, a centuries-old custom in China, was banned in 1911 but didn't completely disappear until the 1930s. In this documentary, Chinese-Canadian filmmaker Yue-Qing Yang, whose mother, aunt and grandmother had bound feet, travels to China in an effort to learn why women persisted in carrying on the painful ritual. 12 AM on V



Wanna Bet?
 Call it "Gambling on Goofiness." In this new game show, celebrities attempt to win money for charity by betting on the outcomes of stunts and mental feats performed by ordinary folks. They include skiing over 2,000 eggs and solving Rubik's Cube while blindfolded ... under water. British comedians Ant and Dec are the hosts. 10 PM on ABC ASN

The Diviners
 It only took a couple of decades, but author Margaret Laurence's 1974 Governor General's Award-winning novel made it to the small screen. This 1993 adaptation follows the life of strong-willed prairie novelist Morag Gunn, played at various ages by Alicia Panetta, Maïron Bennett and Sonja Smits. 10 PM on APTN

Sweethearts no more? The love affair between The Bachelor: London Calling's Matt Grant and Shayne Lamas has ended. Just two days after Page Six reported Lamas had cheated on Grant with Las Vegas media mogul Justin Weneger, Lamas phoned Grant and called off the coupling. **PAGESIX.COM**

Celebrity Buzz

Britney to pay K-Fed

SETTLEMENT Britney Spears' custody settlement with her ex-husband Kevin Federline, in which he retained sole custody of the couple's two sons, came at a price, People.com reports.

A source close to the singer confirms she'll now pay Federline \$20,000 US a month in child support, an increase from \$15,000.

Federline's lawyer, Mark Vincent Kaplan, also demanded and received \$250,000 for his work on the case, the source adds.

"All Britney was seeking was a formalization of her increased visitation that she's obtained over recent weeks, and the additional overnight," the source said. "She won both of those requests."

Spears, who is represented by lawyer Laura Wasser,

currently sees her sons twice a week with one overnight. The source adds that she will get an additional overnight by year's end, barring any setbacks.

At a press conference following Friday's hearing, Kaplan declined to address any monetary settlement.

"This has been a long ordeal (for Kevin)," Kaplan said, "and for it to be over makes him very happy."

METRO NEWS SERVICES

Jolie, twins leave hospital

HEADING HOME Angelina Jolie and her twins left the hospital early Saturday, a week after she gave birth to Knox Leon and Vivienne Marcheline, People.com reports.

"Angelina Jolie left the Clinic Santa Maria of Fondation Lenval early in the morning of July 19th," hospital rep Nadine Bauer confirmed to People.

"The mother and babies are doing very well."

There were only a few journalists camped outside the Fondation Lenval hospital in Nice, France, early Saturday morning but even they didn't know for sure when

Jolie slipped out of the hospital with her twins at 4 a.m. local time.

Jolie and the newest Jolie-Pitts left Lenval to join their excited siblings — Maddox, 6; Pax, 4; Zahara, 3; and Shiloh, 2 — at Chateau Miraval, the enormous and luxurious chateau in Correns, France, that Jolie and partner Brad Pitt rented in May.

METRO NEWS SERVICES

GETTY IMAGES PHOTOS



Madonna upset over bro's book

SIBLING RIFT Madonna is devastated her brother Christopher Ciccone has written a tell-all book about her life, according to the superstar's estranged sibling.

Speaking on U.K. TV show GMTV on Friday, Ciccone revealed: "We do still e-mail, but we haven't spoken (since the book was published)."

METRO NEWS SERVICES

celebrity brief

Aniston shelling out for Mayer?

BEAUTY Jennifer Aniston has reportedly been spending \$80,000 US a month on her appearance, femalefirst.co.uk reports.

The 39-year-old actress is allegedly worried her younger boyfriend, John Mayer, 30, will leave her for a younger woman and so has been splashing out to maintain her looks and figure. The sum reportedly includes \$2,000 on a personal chef and \$1,500 for one-on-one yoga sessions with Los Angeles' top instructor, Mary Ingber.

"Jennifer doesn't have

time to prepare her own healthy meals, so she's signed up with this organic, high-protein, low-fat meal delivery service," a source said. Aniston has reportedly been shelling out on beauty treatments costing her hundreds of dollars each time. A source added to Britain's Grazia magazine:

"Jen invests up to \$600 a month on maintaining her hair too."

METRO NEWS SERVICES

Troyer settles sex tape lawsuit

PEOPLE Actor Verne Troyer has settled a \$20-million US lawsuit against the distributor and website which published his sex tape, imdb.com reports.

The footage — featuring Troyer's ex-girlfriend Ranae Shrider — hit the internet last month, and Troyer successfully fought to have the tape removed from TMZ.com, which posted the video. Shrider has confessed to deliberately handing the video over to the media, claiming she acted in revenge after the Austin Powers star allegedly cheated on her — which the actor denies. She also defended her right to release the footage, insisting she is a partial owner.

METRO NEWS SERVICES



celebrity brief

Hayek, fiancé axe engagement

CANCELLED Salma Hayek has ended her engagement to billionaire Francois-Henri Pinault, femalefirst.co.uk reports.

Hayek gave birth to their daughter Valentina in September.

METRO NEWS SERVICES



Kate won't butt out

SMOKING Kate Moss is refusing to quit smoking, insisting "it's who I am," imdb.com reports. She says, "I don't want to create a phony facade. I think I just have to be myself, or I'd just be a paranoid mess."

METRO NEWS SERVICES



Are you Gretchen Wilson's or Keith Urban's Twin?

If you think you look like Gretchen Wilson or Keith Urban, then submit your digital photo to us! If your photo receives the **most votes***, you win:

• 2 VIP passes to Country Rocks 2008! Concert on the Commons featuring Keith Urban and Gretchen Wilson • 2 backstage passes to the concert • 1 night's accommodations at the Lord Nelson Hotel. Email your photo to winwithmetro@metronews.ca no later than 11:59pm, July 30.

OR You can Vote and Win! Starting August 1 the voting begins! Vote for your favourite look-alike online and you could win 2 tickets to the concert of the summer! Details at metronews.ca

*winners will be contacted by phone and announced in paper on August 13. Photo entries must include a digital photo sent as a JPEG attachment that is no larger than 5MB, full name, address and daytime phone number. Entries must include COUNTRY ROCKS CONTEST in the subject line.



THE LORD NELSON
HOTEL & SUITES

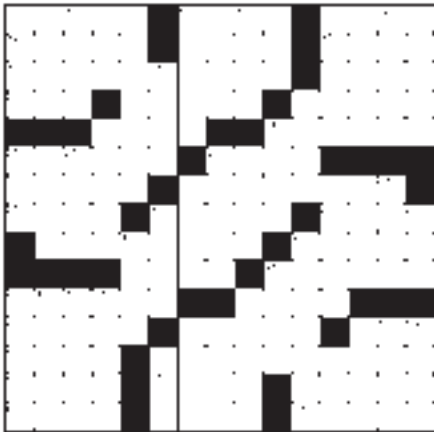
POWER PROMOTIONAL
EVENTS INC.

metronews.ca

Memorial Actors Billy Crystal, right, and Robert De Niro are spearheading a campaign to build a memorial for the victims of the 9/11 attacks in New York. Crystal has been named director of National September 11 Memorial and Museum Foundation. FEMALEFIRST.CO.UK



Take Five



Crossword across

- 1 Gandhi friend
- 6 Perfume bottle
- 10 Broken-off glacier
- 14 Math proposition
- 15 Almost never
- 16 Software buyer
- 17 Kind of dictionary (hyph.)
- 19 Active volcano
- 20 Hairpin curve
- 21 Shallow containers
- 22 Leg parts
- 23 Know somehow
- 24 Beaches
- 25 Reaches the summit
- 28 "Lost Horizon" role
- 30 Heart or liver
- 31 Bare and bear
- 35 Wild tusker
- 36 Clear the windshield

- 37 Atom fragments
- 39 Tells fortunes
- 41 Spirit in a bottle
- 42 Classes
- 43 Roof of the mouth
- 44 Charm
- 48 Join metal
- 49 Whale's diet
- 50 Spanish girl
- 52 Meadow murmur
- 55 Scream and shout
- 56 Space shuttle must (2 wds.)
- 58 "Beetle Bailey" dog
- 59 Revise text
- 60 Came to the rescue
- 61 Flashy sign
- 62 Trust
- 63 Brake parts

STICKELERS
Terry Seckels

What number comes next?
(Hint: Think of both letters and numbers.)

1, 4, 3, 11, 15, 13, 17, ?

Previous Answer
The work on letters and numbers

IT'S ALL ABOUT THE BUZZ.

Read Metro's Celebrity Buzz daily to get the scoop on Hollywood's latest gossip.

metronews.ca

metro
Do it daily.

Crossword down

- 1 Pew locale
- 2 Ballot marks
- 3 Tea kettle sound
- 4 Go bad
- 5 Many
- 6 Out loud
- 7 Deep black
- 8 Poker cards
- 9 Tolerated
- 10 Good, to Pedro
- 11 Organic compound
- 12 Ms. Zellweger
- 13 Turf
- 18 Blast-furnace inputs
- 22 Mongol ruler
- 23 Emergency signal
- 24 Urban problem
- 25 Cry audibly
- 26 Give a crew cut
- 27 Culture medium
- 28 Hay holders
- 29 Singer Tori —

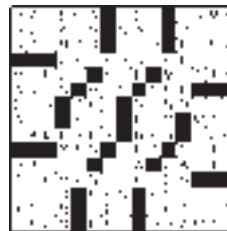
- 31 Gosh darn!
- 32 Investment return
- 33 Actress — Freeman
- 34 Huff
- 36 Pickling herb
- 38 Get the point
- 40 Clock front
- 41 Round Table knight
- 43 Bodybuilder's pride
- 44 Ohio city
- 45 Rattle on
- 46 Chili bean
- 47 Rocker — John
- 48 Amusing
- 50 Grant territory
- 51 Icy precip
- 52 Twins and doubles
- 53 A Baldwin
- 54 Extends
- 56 The lady
- 57 Grandfather-clock numeral

950,000
Metro readers do it daily!

metro
Do it daily.

SOURCE: NADbank 2007, read yesterday;
BASE: Montreal CMA, Ottawa-Gatineau CMA,
Toronto CMA, Vancouver CMA

previous day's answer



This day in history

JULY 21, 1969: Neil A. Armstrong and Edwin "Buzz" Aldrin become the first men to walk on the moon during the Apollo 11 mission.

JULY 21, 1983: The world's lowest temperature is recorded at Vostok Station, Antarctica, at -89.2 C (-129 F).

JULY 21, 2007: Harry Potter And The Deathly Hallows was released at 00:01 worldwide, the book broke sales records as the fastest-selling book ever, selling more than 11 million copies in the first 24 hours following its release.

		8		7			1	
					1			
5			3		4		6	
8	7		5			9		
	1						4	
		6			2		7	3
	3		8		7			5
			4					
	4			2		1		

Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20

Truth is found in thoughtless actions. An obligation is mentioned in a clever story. Confirm your role and resentment will ease.

TAURUS

APRIL 21-MAY 21

Don't pressure yourself about personal conflicts. A whiner enables you to blossom. A man will have all the answers.

GEMINI

MAY 22-JUNE 21

Observer reveals the truth. Calm your emotions when dealing with a puzzling situation. Don't laugh when a scoundrel overhears gossip.

CANCER

JUNE 22-JULY 22

A wounded egotist takes out rage on innocent people. A family crisis will pass. Provide support during an unexpected health crisis.

LEO

JULY 23-AUG 23

It's OK to differ with a dark-haired man. There will be improvements after a decision is made. Loneliness and alienation will pass.

VIRGO

AUG 24-SEPT 22

You'll get welcome news about a younger person. Be emotionally detached when making a choice. Time is running out for a blond.

LIBRA

SEPT 23-OCT 23

Don't feel stricken if nobody wants to mingle. A captivating person will take a drastic step. Don't fall in love with an overwrought person.

SCORPIO

OCT 24-NOV 22

Time will heal every wound. An exceptional event comes to a conclusion. A manager becomes a persuasive fiend.

SAGITTARIUS

NOV 23-DEC 21

Healing occurs in a stimulating encounter. A good friend will be depressing. There's a happy journey to be taken.

CAPRICORN

DEC 22-JAN 20

A legal issue begins to irritate. Get in on the action by being open minded. A fantastic event isn't what it seems.

AQUARIUS

JAN 21-FEB 18

A companion needs your imagination. This isn't the right time to talk about eagerness. Something silly occurs between friends.

PISCES

FEB 19-MAR 20

A crisis occurs when the truth comes out. A gloomy woman demands answers. There's a chance to improve the status quo.

Sudoku

INSTRUCTIONS:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

7	6	1	2	8	5	4	3	9
2	9	4	1	6	3	5	7	8
8	5	3	4	7	9	6	1	2
9	1	2	7	4	6	3	8	5
4	8	6	3	5	2	1	9	7
3	7	5	8	9	1	2	6	4
6	2	8	5	1	7	9	4	3
1	3	7	9	2	4	8	5	6
5	4	9	6	3	8	7	2	1

SOLVE TIME IN MINUTES:

Under 13 Genius
13-17 Scholar
17-21 Smart

21-25 Not bad
25+ Keep practicing

Halifax weather

Afternoon



Rain.
21°

Tonight



Showers.
19°

Tuesday



Variable.
25° / 15°

Wednesday



Showers.
25° / 17°

Thursday



Showers.
22° / 20°



Temperature
Normals
High: 22.5°
Low: 13.6°

Records
High: 30.8°/1978
Low: 8.9°/1964

Sunrise: 5:49 a.m.
Sunset: 8:51 p.m.
Moonset: 9:12 a.m.
Moonrise: 10:27 p.m.

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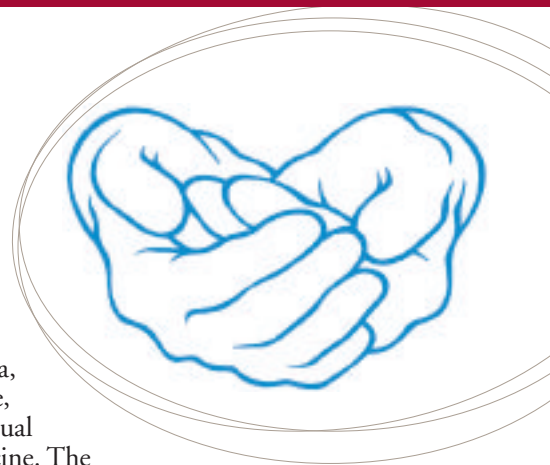
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Canadian College of Osteopathy C.E.O. (Osteopathic Studies) Inc.

WHAT IS OSTEOPATHY?

"Osteopathy is a natural medicine which restores function to the organism by treating the causes of pain and imbalance. To achieve this goal, an osteopath uses the quality and fineness of his palpation skills to determine the position, mobility and quality of the tissue." Philippe Druelle, D.O. Osteopathic education emphasizes the transmission of the art of osteopathic palpation from the experienced Osteopath to the student. This palpatory ability, to evaluate and treat the human body at a highly sophisticated manual level, is what distinguishes Osteopathy from all other forms of medicine and therapy.



OSTEOPATHY IN CANADA

In 1981, Philippe Druelle, D.O. founded the first Osteopathic school in Canada, the Collège d'Études Ostéopathiques de Montréal (CEO) with Jean Guy Sicotte, MD, D.O. The CEO's mission was to unite all the elements of Traditional Manual Osteopathy and regroup the different therapeutic methods of osteopathic medicine. The College achieved this goal and is now considered a leading osteopathic reference both in Canada and abroad. Colleges were subsequently opened in Rohrdorf (Germany) in 1991, Toronto in 1992, Quebec City in 1996, Vancouver in 2001, Halifax and Hertenstein (Switzerland) in 2002.

WHAT IS AN OSTEOPATH AND WHAT DOES HE/SHE DO?

The Osteopath uses the quality and fineness of his palpation skills to evaluate and treat patients. Articular, visceral, vascular and cranial dysfunctions are detected. The osteopath examines, evaluates and treats the mechanisms of the organism that have suffered as a result of physical or emotional trauma, problems which hinder health. A CEO trained Osteopath is a health professional who has graduated from a 5 year program and has written a research thesis in order to obtain his/her diploma in osteopathy.

WHO BENEFITS FROM OSTEOPATHIC TREATMENT?

People of all ages can benefit from osteopathic treatment. Patients appreciate this natural medicine, "nothing is added (medication or other remedies) nothing is subtracted (surgery) from the body.

OUR PROGRAM:

The College has built a leading-edge program. Its cornerstones are:

- TRADITION - PALPATION - RESEARCH - CLINICAL METHODOLOGY

The College is recognized worldwide as a leader in traditional osteopathic education.

**FOR MORE INFORMATION
ON OUR PROGRAMS CONTACT:**

CEO – (Osteopathic Studies) Inc.

Halifax, Montréal, Toronto and Vancouver.

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